



What is the Marriage Course?

The Marriage Course was developed by Nicky and Sila Lee, authors of *The Marriage Book*, and *The Parenting Book*.

They have been married for over thirty years, have four children and live in London. They started *The Marriage Course* in 1996, and it continues to spread, with thousands of courses now running around the world.

Over seven sessions you will discover practical tools to help you :

Understand each others needs
Communicate more effectively
Grow closer through resolving conflict
Heal the ways you've hurt each other
Recognise how your upbringing affects your relationship
Improve relationships with parents and in-laws
Develop greater sexual intimacy
Discover each others love languages, and much more!

Welton Baptist Church will be presenting *The Marriage Course* on Wednesday evenings, beginning **29th September 2010**.

Cost : £80 per couple (includes candlelit dinner).

Venue : Midsomer Norton Methodist Church Centre.

Contact : Guy and Teresa Chalker (01761 433336)

For more information on *The Marriage Course* go to www.relationshipcentral.org